



## Resources for Emergency Contraceptive Pill Programming: A Toolkit

### **Summary of Contents**

The purpose of this toolkit, created by PATH, is to facilitate the integration of ECPs into developing-country family planning and reproductive health programs. It includes resources for ECP advocacy, assessment, service provision, and evaluation. The planning and implementation tools represent best practices and experience that will help programs move through the steps required to make ECP services routinely available through health service delivery systems. The intent of the toolkit is to share widely an array of materials developed by PATH and by other organizations as they worked in a variety of settings to incorporate ECPs into family planning services. It is hoped that by bringing together these resources in a format that facilitates their use, the toolkit can reduce duplication of efforts, redundancy, and unnecessary expense.

The kit is available on [www.cecinfo.org](http://www.cecinfo.org) for downloading in its entirety or as modules A–I. The content is also available on CD-ROM. For more information, contact [publications@path.org](mailto:publications@path.org).

### **Entire toolkit**

The toolkit includes information for making policy decisions as well as for assessing client needs, providing ECP services, and evaluating ECP programs. The materials were developed by PATH and other organizations\* and have been used successfully in a variety of settings to incorporate ECPs into family planning services.

### **Module A: Information for Policy Makers**

Module A outlines the process for gaining political support, strategic approaches for ECP advocacy, and key information and messages for decision-makers and program managers. The information is based on published evidence and experience and includes technical facts about ECPs, information about the international availability of and support for ECPs, and examples of how some countries have successfully garnered support for ECP provision. Tools include:

- Statements on ECPs by International Organizations, Agencies, and Major Donors of Contraceptive Commodities
- American College of Obstetricians and Gynecologists (ACOG) News Release
- International Consortium for Emergency Contraception (ICEC) Evidence-Based Policy Statements
- International Federation of Gynecology and Obstetrics (FIGO) Ethics Committee Report
- International Planned Parenthood Federation (IPPF). International Medical Advisory Panel (IMAP) Statement on Emergency Contraception.

- United Nations Population Fund (UNPFA). Statement on Emergency Contraception
- United States Agency for International Development (USAID) Statement on Emergency Contraception
- World Health Organization (WHO) Statement on Emergency Contraception
- Resources for Developing Messages for Policy Makers
- Annotated Bibliography of Core Evidence-Based Research on Emergency Contraception
- Key Facts About Emergency Contraception

### **Module B: Cost Considerations**

Module B provides a simple cost model that illustrates, in several different scenarios, how provision of ECPs can reduce the health care costs related to pregnancy, birth, and abortion.

### **Module C: Raising Public Awareness**

Module C provides information for public awareness campaigns, including successful approaches and key messages. Tools include a range of materials that have been used in several countries for informing the public about ECPs:

- Agenda for a Media Workshop
- Radio Spots
- Emergency Contraception Telephone Hotline Script
- Posters
- Postcards

### **Module D: Informing Clients**

Module D contains information and key messages for client materials, as well as sample materials that have been used in an array of countries. Tools include:

- Sample Text for Brochures
- Brochure in Three Formats
- South Africa Brochure

### **Module E: Assessment**

Module E is an overview of the information an assessment can provide, how to gather information, and the how to move from assessment data to an introduction plan. The module includes several sample assessment tools:

- Client Knowledge, Attitudes, Practices Questionnaire
- Provider Knowledge, Attitudes, Practices Survey on Emergency Contraceptive Pills
- In-Depth Interview Guide for Key Reproductive Health Authorities
- Mystery Shopper Survey

## **Module F: Regulation and Procurement of a Progestin-Only ECP**

Module F provides an overview of considerations for ensuring the availability of a progestin-only ECP. Progestin-only ECPs are preferred because they are the most effective and the easiest to administer and because they have the fewest side effects. Topics covered include product registration and labeling and product procurement. Tools included:

- Potential Market for ECPs: A Basic Demand Model
- Information to Include in a Levonorgestrel-only ECP Package Insert Sample Procurement Specification: Levonorgestrel-Only ECPs
- Preferential Pricing for Public-Sector Agencies
- Procurement Through International Procurement Services

## **Module G: The Option of Providing Combined Oral Contraceptives as ECPs**

Although combined oral contraceptives (COCs) are less effective for emergency contraception than progestin-only ECPs, Module G provides information about this approach. Topics covered include repackaging approaches and planning for product supply. Tools include a prototype package format and client information:

- Prototype Package Format
- COCs for Emergency Contraception: Example of the Repackaging Format Used by the Family Guidance Association of Ethiopia
- Information to Include When Providing COCs for Emergency Contraception
- Provision of a One-Month Supply of COCs for Emergency Contraception

## **Module H: Provider Training**

Module H includes training tools, including a curriculum and pre- and post-training tests, as well as several training aids and job aids.

- Emergency Contraception Curriculum
- Pre- and Post-Session Questionnaire
- Handout 1: Key Messages for Emergency Contraceptive Pill Clients
- Handout 2: Sample Emergency Contraceptive Pill Screening Checklist
- Handout 3: Counseling for Emergency Contraceptive Pill Clients
- Handout 4: Counseling Skills Observer Checklist
- Training Aid 1: Grab Bag—Key Messages for Emergency Contraceptive Pill Clients
- Training Aid 2: Demonstration Role-Play
- Training Aid 3: Emergency Contraceptive Pill Client Situation Role-Plays

## **Module I: Evaluation**

Module I outlines the development of an evaluation plan and how to use evaluation results to improve and sustain ECP service provision. Tools include:

- Example Results Framework for an Emergency Contraception Project

- Example Outline of an ECP Program Evaluation Report

**Appendix A. and B. Emergency Contraceptive Pills: Medical and Service Delivery Guidelines and Website Resources**

\*Materials for this toolkit were graciously made available by AltaCare, Association of Reproductive Health Professionals; Deliver Project at John Snow, Inc.; Family Health International (FHI); Family Guidance Association of Ethiopia; International Federation of Gynecologists and Obstetricians; Family Planning Association of Sri Lanka; International Consortium for Emergency Contraception; International Planned Parenthood Federation; Pacific Institute for Women's Health; Population Action International; Population Council; Population Services International; Profamilia Colombia; Reproductive Health Research Unit of the University of Witwatersrand; United Nations Population Fund; United States Agency for International Development; and the World Health Organization.

To inquire about obtaining higher quality versions of this material, or to find out more information, contact PATH:

Email: [publications@path.org](mailto:publications@path.org)

Mailing Address:  
PATH  
Publications Request  
1455 NW Leary Way  
Seattle, WA 98107  
USA